

# BRIDGES

PUBLISHED BY THE WORLD FELLOWSHIP OF YMCA RETIREES



## **NOTES FROM THE CHAIR**

When faced with a crisis, institutions have two choices — to meet it head on, or to "hunker down" and ride out the storm. The



World Fellowship of YMCA Retirees and the YMCA movement decided to meet the COVID 19 Pandemic head on! The historic YMCA mission causes us to do no less! For hundreds of years, YMCA staff, volunteers and retirees have dedicated their lives to meeting community needs. This issue of *Bridges* outlines some of the actions being taken around the world. In this Chairman's message, I will highlight the creation of the World

Alliance Solidarity Fund to help national movements survive the economic turmoil caused by this pandemic.

Carlos Sanvee, our Secretary General, recommended, and the WA Executive Committee approved the idea and funded this initiative with \$200,000 of balance sheet reserves. The Solidarity Fund has three fundamental goals. 1. Support fragile YMCAs with continuing their activity and service. 2. Encourage YMCAs to increase their impact in their community and specify how they supported communities affected by COVID 19. 3. Ensure as many YMCA staff, as possible, can remain employed. I am honored to serve on the volunteer allocations committee that reviews and approves these grants. I have found the experience to be a clear example of what Carlos Sanvee and Patricia Pelton, our WA volunteer chair, meant when they stated transparency and fairness in decision making would be a central goal.

As of this writing, over eighteen national YMCA movements have been supported with funding of over \$300,000 ranging in size from \$8,000 to \$20,000. A second round of applications is being sought. The results of the first round has ensured 240 YMCA staff would be retained to serve the YMCA movement in their countries. Most importantly, almost \$550,000 has been raised to support the Solidarity Fund. This is on a goal of \$1M. Thanks should be given to the Tencent Charity Foundation of Hong Kong, YMCA movements in Denmark, France, Germany, Japan, United States, World Fellowship of YMCA Retirees, and those who gave personal gifts. However, more is needed to achieve the goal and serve YMCA movements.

A well designed application process was created and was the basis on which all YMCA movements, with budgets under \$1M could apply for support. Specific eligibility criteria was published and applications were received from national movements in Asia, Europe, LACA and Africa. Three staff independently evaluated the applications and assigned points. The next step involved discussing those applications whose scores were different among

the three evaluations and coming to consensus. Then the Area Secretaries were asked to comment and provide advice. <u>Carlos Sanvee</u> assembled a staff team to review the results of that process and made recommendations to a volunteer Allocations Committee who made the final decisions. The YMCA movement can be proud of the fair and transparent process created by the World Alliance.

#### **WFYR Makes Three Grants**

YMCA retirees led the movement through wars, economic downturns, and other crisis impacting their specific YMCAs. But none have led a YMCA during a world Pandemic like COVID 19. As of this writing, over 10,000,000 have been diagnosed with the disease and more than 500,000 have died. The leadership of WFYR met, using ZOOM technology, to discuss our response to this crisis. One action taken was to use some of the outstanding fund balance in our small treasury, to support three YMCA entities.

The first \$5,000 grant went to the World Alliance of YMCA's, through a gift to the YMCA of the USA World Service designated to the recently created Solidarity Fund of the World YMCA

A second grant of \$5,000 went to YMCA Alumni, designated in support of the Emergency Assistance Fund. YMCA Alumni, and staff of the YMCA of the USA, were and continue to be instrumental in creating and sustaining WFYR. Thus, it is appropriate for WFYR to return this support during this period of crisis where so many YMCA staff have been laid off or furloughed. The EAF committee will use these funds as they deem appropriate and in keeping with their policies and practices.

A final grant of \$5,000 was made to the Philadelphia Area YMCA. This grant was made in recognition and thanks for this YMCAs 14 years of support of WFYR and to aid this YMCA in meeting the needs of their members as they deem most useful. The Philadelphia Area YMCA has provided technical and financial support to WFYR in the production, printing and distribution of *Bridges*, WFYR's world newsletter. In addition, they have provided financial support to YMCA Alumni and its local chapter over the years.

WFYR remains financially solvent, and funds designated for specific purposes have been maintained.

Phil Dwyer
WFYR Chair



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(If we missed your group or erred, please let us know.)

#### THOUGHTS FROM THE EDITORS

**Bridges** helps us stay connected. These are challenging times. Y retirees around the world, unable to meet physically, are connecting with activism and support for individuals and YMCA associations devasted by the impact of our global pandemic. Families and staffs are communicating electronically. A recent ZOOM meeting of WFYR's leadership team has been labeled by Past Chairman **Norris Lineweaver**, as a "truly historic event."

Unfortunately, all local and national gatherings of Y retirees have been postponed or canceled. We regret that distribution of *Bridges* has been interrupted. Over 100 newsletters mailed for our last issue were returned due



to curtailment of air or postal services in many countries. This edition will be mailed to a limited number of readers, so if you are reading it electronically please forward it to retiree friends in your country if you know overseas mail has been disrupted. It does appear that many of our mail delivery readers have an internet connection and it seems apparent that *Bridges* will soon face the decision of whether to depend solely on an electronic distribution. The savings on printing and postage is now a consideration until the Greater Philadelphia YMCA is once more in solid financial condition and is willing to subsidize the mailing. This edition focuses entirely on YMCA and Y retiree responses to the pandemic conditions confronting individuals and organizations. The response from Past WFYR Chair, Pres Johnson, celebrating his 90th birthday in the middle of the pandemic is encouraging. Franco Savoia provides us a gift from the corona virus, as he proclaims the new normal for staying connected over long distances. The stories from many WFYR leaders are all inspiring and...

# THE REASONS WE ARE PROUD OF OUR YMCA CAREERS ARE STILL EVIDENT IN RETIREMENT.

Please stay safe, stay connected and continue to help others.

## Len and Joyce Wilson

Please send photos or articles to Len Wilson: 1101 Washington Avenue, #307 Philadelphia, PA 19147, or len.wilson@comcast.net



### Facing Covid-19 in Japan

By Kohei Yamada

As you in many countries throughout the world are facing this unknown virus, so is Japan. Here in Japan we have been very seriously and obediently listening to our government and health official's advice about not meeting people. I will now share with you the situation in Japan YMCA and some of the retirees' lives.

#### **YMCAs in Japan**

There are about 30 YMCA associations in Japan, some large and others very small. Programs they all have in common are;

- English language classes for children
- Japanese language classes for foreigners
- Camps, volunteer leaders and various group activities
- Sport clubs ex: Soccer, basketball, etc.
- Vocational Colleges for high school graduates
- Large City YMCAs run Gym and Swimming Programs Those are the traditional YMCA programs. Nowadays

Childcare facilities and Afterschool childcare programs are increasing rapidly. Some YMCAs run Welfare Programs for the frail elderly populations. Due to the Corona Pandemic, Japan has just experienced the "State of Emergency" for about 50 days which finished on May 25th. During the tight limitations, most of the traditional programs had to be closed and only the recent programs such as Childcare, Afterschool programs and elderly Welfare programs were allowed as essential services. There are 238 YMCA facilities throughout Japan and 76% of them were conducting those essential programs. As the result, most of the YMCAs suffered substantial losses of operational funds.

There is not only bad news with Covid-19 but also good news as well. Japan YMCA has realized that although we are physically distanced from one another we are strongly connected and could be bound together intentionally. Although YMCA activities are closed, the members got together to make a Video and sent that through SNS to the society. When we are actively making efforts to reach people in trouble and lonely, we found that other people and companies saw us and encouraged our activity with helping hands. For example, we have nearly 2,000 foreign students in our Japanese language schools in various parts of Japan. When we shared online some activities to help their unemployed lives, some international companies in Japan decided to donate tons of rice to be distributed to each foreign student through YMCA network. Although the country is shut down and shut off from outside, we can learn and experience actual human connection in communities beyond nationalities within the country.

As for the retired YMCA staff here in Japan, I think many of them have been quietly supporting their local YMCA. I believe they have also observed their down time by enjoying the sprouting of the spring season around their homes while partaking more in their personal hobbies. Some were enjoying nature walks close to their homes, others were enjoying their hobby of cooking and some started new ways of communicating such as Zoom meeting. I and my wife living in our countryside home have enjoyed my small vegetable garden and have been lucky to remain fit during this time.



This is the sign of National Campaign in Japan YMCA.

# you YMCA for the gift." Note from David Smith Ys' Retired

Just personally completed 13 weeks in lockdown and looking

of the UK Executive Member

forward to gradually gaining more freedom as the coronavirus isolation starts to ease.

My past community service of 45 years within the YMCA has meant that I was able to be the conduit between the local Rotary International Club of Penzance and YMCA Cornwall. The need was identified through local YMCA staff that the young people accommodated within their housing project, were running out of money for electricity to charge their iPads, iPhones and laptops.

So it was agreed that Rotary International would give £10 per resident each month for the next three months, to assist the young peoples cashflow. This collectively totaled £420 per month.

An example, during the Covid19, of a small but extremely useful contribution to assist our local YMCA young people.



#### CVJM (Germany)

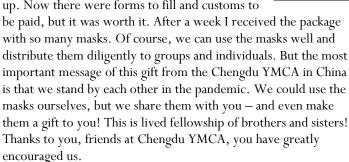
By Albrecht Kaul

The work of the CVJM has been severely affected by the Corona Virus. No youth-group-gathering, no services, no sport events and no group meetings for seniors can take place. More than 100 seniors were looking forward to the annual retreat, scheduled for this year in Bad Blankenburg. A top program had to be canceled and the anticipation became disappointment. For many years it has been a good tradition to carry out a collection for **Secours** *Speciaux* at the end of this retreat. This important support for our brothers and sisters must not fail this year! For this reason, the board has decided to ask the participants of the cancelled retreat to donate, even if no time could be spent together. In the meantime, about 4000 € have been donated – of which 3000 € have already been transferred to the World YMCA. The collection continues...

We got another pleasant surprise from China. For more than 15 years we have had good relations and a partnership with the YMCA Chengdu in Sichuan Province. We visited the Chengdu YMCA with many groups, including a board delegation, a TEN SING group, and a senior group. Many employees of the YMCA in Chengdu have already visited the German CVJM.

peak and Europe became a hot spot, there were significant supply problems. Also, in Germany there were not enough protective suits and face masks. Not even the hospitals had enough material, the black market flourished. Exorbitant prices were charged for face masks. Then we received an email from Chengdu YMCA that they had sent a package with 1150 masks for the CVJM in Germany. They would have needed the masks themselves, because a second corona wave was to be suspected.

Now the question was, will the package reach Germany at all? Air traffic had collapsed and transport by sea might take months. But the friends of the YMCA have found a way. In mid-May I received a message that a package for the CVJM with unknown content was waiting at the customs office at Frankfurt Airport to be picked up. Now there were forms to fill and customs to



We at the German YMCA can report that no employee or

senior person has been infected with the virus. We have been wonderful, watched over and protected – and certainly the Chinese masks have helped.

Above all, we are grateful to God for his protection and the wonderful experience of global fellowship with our sisters and brothers.



## Secours Speciaux By Bonnie Mairs, Chair

During this strange and scary Pandemic, many YMCA retirees have been sequestered at home, for their own health and that of others. Some of my friends have felt really cut off from the world and from their daily activities, including their volunteer work. I am one of the luckfy ones. My work with Secours Speciaux at this time makes me feel useful, in touch with the world, and grateful for the opportunity to help YMCA colleagues.

2020 is not a normal year. The Secours Speciaux committee met via Zoom in March to discuss how we could respond during the coronavirus pandemic. <u>Carlos Sanvee</u>, the World Alliance of In March, when the Corona pandemic in China had reached its YMCAs Secretary General, told us that 90% of YMCAs worldwide had closed to protect their members and staff. He said some Ys may not survive this crisis; some may survive if they receive help and another group was strong enough to survive on their own. The WAY executive committee has begun a Solidarity Fund to assist YMCAs in crisis.

> The **Secours Speciaux** committee, which serves in advisory capacity to **Carlos Sanvee**, has held a reserve to be used in case of extraordinary crisis. This pandemic is such a crisis. We are responding in several ways:

- 1. Retirees -We determined that our first concern would be retirees living with little or no pension. We asked National General Secretaries to send in names of retirees in their countries who could use some help. As of mid May, we have sent \$500 to a first group of nearly 80 retirees with a note thanking them for their service and saying we are thinking of them. Their thank you letters we have received have been heartwarming.
- 2. Victims of COVID -19 We are ready to help with medical expenses of any staff or retiree who is hospitalized because of the coronavirus and who does not have health insurance.
- 3. Other responses As the situation continues to unfold, the committee will consider other responses depending on need. We are currently meeting every 2 weeks via Zoom. One concern is staff who have been furloughed from their jobs. Many will not be paid after May. Some may be rehired, but many will lose their jobs.



#### Canada Y Alumni by Franco Savoia, president

Our focus, at the Canadian YMCA Alumni, like everyone else in the world has been and is about the healthy and safety of our communities and members. To that end, we have purchased a Zoom video conferencing license and have been actively using it to connect Alumni. As we are getting comfortable with its use, we are beginning to realize the potential benefits of more effectively connecting Alumni virtually face to face. We are offering the tool to Y groups not fully affiliated with the Alumni. Given our distances the feasibility of convening face-to-face our entire membership has never been practical or feasible. However, we are now considering hosting a video conferencing of our entire membership over the next year. We are realizing our mission of connecting and reconnecting with YMCA colleagues.

We initiated "neighbourly phone calls with all of our members. Each member of our 11 member Executive took a number of Alumni members and called each of them to inquire how they were handling the pandemic. We discovered the resilience of our Y colleagues. Most were able to maintain their fitness regimen. Others continued to volunteer. While others took on some new activities. Given that all are in the most vulnerable group, they did it all while maintaining self-isolation and social distancing. All appreciated the call.

It is ironic that we need to thank Covid 19 to remind us of what is truly important in our lives: connecting with people and maintaining the relationships that we built over the many years of work in our respective YMCAs. Video conferencing is going to be an important tool to keep us connected, "face to face" virtually. We are going to make a regular neighbourly telephone check in with all of our members. We have always understood the importance of positive relationships to our health. The pandemic has reminded us of this fact.

For us as YMCA Alumni, the last two stanzas of <u>Vivienne</u> <u>Reich's</u> poem, *Coronavirus Letter to the World* is especially relevant,

"When all this is over and I am gone... Please remember these moments..

Listen to the earth.
Listen to your soul.
Stop Polluting the earth.
Stop Fighting among each other.
Stop caring about materialistic things.

And start loving your neighbours.
Start caring about the earth and all its creatures.
Start believing in a Creator
Because next time I may come back even stronger."

# Prescott Johnson, a WFYR Founder, Celebrates 90th Birthday

**Bridges** reached out to Press Johnson to mine the wisdom of his long YMCA experience as he reaches his 90th year. Here are some of his comments:

"The big surprise for me in reaching 90 is that I have spent 30 years in retirement already, just two years short of my Y career! I'm thankful that a good many of those early retirement years were consumed with helping **John O'Melia** in the development phase of WFYR (especially as it related to Latin America) and being in front of that group for seven years. It was also a joy and blessing for my wife **Dee** and me to be so connected and involved with our UCC church here in Sahuarita, Az., over the past 25 years! I was also thrilled to be able to spend my whole career in the YMCA in the program field of physical education at the local, metropolitan, national and international levels, directly involving some 13 countries. And in doing so, the privilege of knowing and working with some of the world YMCA leaders of the time. My Y life was so enriched by so many different cultures and personalities.

"We are at a cross-roads with what the 'new normal will be.' What we do know now and for always, is what our Creator expects of each one of us, in our time on this earth; that is, 'to be kind and helpful to those less fortunate than ourselves.' So, that is our individual calling from our Creator, and coupling that with the goal of our beloved YMCA, 'to help individuals become the best they can be,' is a winning marriage for all times, be that a normal or a transitional one that we're experiencing now. Best wishes,

#### **Latin America and Caribbean**

stay healthy, peace and keep the faith., Pres Johns

# ACM/YMCA in Paraguay Adapts Its Facilities as a Humanitarian Shelter

With the arrival of winter and the record temperatures



below 10 degrees Celsius, the Paraguayan government has incorporated a series of measures to help people on the streets who tend to become victims of Covid-19

infection. The ACM/YMCA in the city of Asuncion, is one of the headquarters of this operation,

having converted its sports spaces into a hostel with all sanitary measures, including food, private rooms and hygiene services, which meet social





# IFYR (India) by T. Thomas, President

India is under complete lock down from April 25th. The death toll as on today is 2644 and Covid affected people are 81,000. When compared to other nations, at present we are in a little better zone.

So far none of the retirees are affected.

However two of them and two of the spouses were hospitalized for surgeries and other treatments. They are recovering and back at home. We have a very active *what'sApp* group where we daily share our news and common concerns. Recently we started a IFYR prayer link where we share only prayer requests and our concerns related to Covid 19.

YMCAs in India are very badly affected as their hostels are closed down and all their activities are stopped. However, they are doing lot of community service especially among the poor and needy. They are mainly distributing



food, medicines, face masks gloves, sanitizers etc. I am including photographs with this report.

Let us hope and pray that this devastating pandemic will come to an end soon .

"No rain ever remained without stopping and no night ever remained without seeing a dawn."

#### **Other YMCA Community Support**

YMCA Ernakulum has started second phase of medicine distribution to patients suffering from chronic diseases. Recently they distributed medicines to patients staying at



Udaya colony and Kammattipadam.

<u>NV Eldo</u>, (General Secretary), <u>Ando</u>

<u>Joseph</u> (Associate General Secretary)

and <u>Jijo Koshy Varghese</u> (Secretary)

visited the beneficiaries' houses and

handed over the necessary medicines.

YMCA also began to distribute grocery kits worth Rs.1000 to all families of P&T Colony.

According to a statement issued by the National Council of the YMCAs of India, volunteers have reached out to the

homeless and packages containing wheat rice oil, suger and other food products were distributed to families engaged as daily laborers, including rickshaw pullers and domestic workers. Said **Betram Devadas**, National General Secretary, "Our YMCAs work closely with the local community on vocational education sports and cultural activities. So it is natural that in a time of national crisis we lend a hand to the less privileged members of our community."

According to <u>Swaraj Sircar</u>, Secretary / Treasurer, IFYR, "All the Major Metropolitan City YMCAs in India (New Delhi, Bombay, Madras, Ernakulam, Bangalore, Cuttack, Bhubaneswar, Ranchi, etc.) with the help of YMCA Staff and YMCA Volunteers are serving/distributing essentials and foods to the needy suffering people in their respective areas/regions. We are always in touch with each and every family of our Retired YMCA Colleagues just to inquire about them."

#### What Can WFYR Members Do?

Phil Dwyer, WFYR Chair

Each member of WFYR do one, or all three things outlined below, as a means of bringing relief to their YMCA friends and community during this pandemic.

- 1.Offer to help your local YMCA or national movement.
- 2. **Make a donation, as individual members**. Determine how much you want to donate and then decide who, or how to apportion it among one of three causes:
- Your local or national YMCA, or Emergency Assistance Fund
   all will appreciate, and need, extra donations at this time.
- <u>Secours Speciaux</u> is receiving urgent requests for help and will need extra gifts. You may recommend your YMCA colleagues for such a grant. Contact WFYR Phillip Dwyer (page 2).
- <u>Solidarity Fund</u>: The World YMCA has created the Solidarity Fund, to provide grants to struggling YMCAs, whose survival will depend on getting extra help through a grant.
- 3. Challenge your Fellowship of YMCA Retiree Chapters (FYR) to look at what financial resources they could dedicate to helping their world or national movements. YMCA Alumni (FYR in the USA) made a gift of \$200,000 to Secours Speciaux to help them at this time. WFYR has donated \$5,000 to the Solidarity Fund. What can your FYR do? Send donations to the new World Alliance of YMCAs headquarters at 5 Chemin, Mouille-Galant, Geneva, Switzerland.

By all pulling together, we can show the world YMCA retirees remain active and care.

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#### A Sad Loss for WFYR and Cebu YMCA

Bridges has learned that Cris Caparoso, President and founder of PFYR (Phillipines). suffered a fatal heart attack on June 22. **Don Anderson**, former WFYR Chair, offers the following personal remarks to Chris' daughter Rissa, comments that seem fitting to share with WFYR members, including the many representatives who had the honor of being with Cris at the WFYR World Conference in Thailand in 2019:

"Cris Caparosa had been my friend since 1967 when we were both in our 20s. He was my longest standing and best YMCA friend across the globe and I shall miss him deeply. I appreciate and cherish the 27 years we spent together doing projects in poor rural villages in the Visayas.

Cris is the kind of man who cannot be replaced but a strong leader for the Cebu YMCA must be found. The Cebu YMCA is his child and his love for it must be honored going forward."

The following pictures and captions were planned for this edition of *Bridges*. They are now a tribute to Cris' leadership and selflessness which changed many lives for the better.



L: Cris O. Caparoso, Chair of PFYR hands over his check of P25,000 (\$500 USD equivalent) to Cebu YMCA cashier. The check was given to retired General Secretaries by the World Alliance and Secours Speciaux of WYFR



Cris O. Caparoso, (center back) shares breakfast with stranded students and reviewees at the YMCA Dormitory. The free breakfast is sponsored by PFYR and the Rotary Club of Talisay-Cebu until the lifting of the Lockdown.

#### **Ghana YMCA Partners with Government of Ghana**

It is an undeniable fact that the COVID-19 pandemic has brought about economic hardship to many especially the poor, vulnerable and the marginalized in our communities. In response to this just as in some countries around the world, the Government of Ghana in partnership with the Ghana Young Men's Christian Association (YMCA) through the Christian Council of Ghana under the auspices of the Ministry of Finance has donated food items to over Five Thousand households and individuals and 7- Not-for-profit organizations as part of COVID-19 relief intervention.

Residents from Adabraka, Kwame Nkrumah Circle, Asylum Down, some parts of Nima and Osu all suburbs of Accra numbering Four Thousand (4,000) benefited from the relief package which was highly appreciated and considered timely on the part of Government and in thanks to the YMCA for providing the space and orderly way of the distribution of the food items comprising rice, gari, beans, cooking oil, tomato paste as well as eggs and mackerel.

The 7- Not-for-Profit organizations mainly associations of aged or elderly people that benefited from the donations are; Naro Aged Care, Jamestown Afiena, 50 & Counting Club and Ark Lifestyle Foundation. These foundations have been providing relief for aged persons with little or no livelihood support, whose situation has been worsened by the hardship brought about by the COVID-19 pandemic. They are under the Ghana Association of Elders whose activities are coordinated by the Center for Ageing Studies of the University of Ghana with **Prof. Mant Kole** as

Director. In all, about One Thousand Three Hundred (1,300) members of these group benefitted from the donation and for **Prof. Mante Kole,** this is what he considers as IMPACT. He expressed gross excitement about the YMCA's role and urged the YMCA to include the aged in its activities.

Founder of Ark Lifestyle Foundation, <u>Mrs Estherlynne Osei Bonsu</u> who received the items on behalf of her organisation expressed gratitude to the Ghana YMCA for the kind gesture and assured that the food items would be duly delivered to the elderly to help them survive.

On his part, Director of the Accra Rehabilitation Centre who took delivery of 100 bags of assorted food stuffs thanked the YMCA and Government for the support and urged the YMCA to visit the Centre more often.

Delivering the donations, Executive Director of the Ghana YMCA, <u>Mr Kwabena Nketia Addae</u> commended the government of Ghana for its commitment to working with faith-based organisations to deliver aid to vulnerable families and individuals.

"I am proud of the government's commitment to partner with faith-based organisations to provide food support to needy people in our community. During difficult times like this, it is important for like-minded organisations to collaborate as much as possible so we can reach more people and help them cope with this hardship," he said.



C/O Ken White 46 Squirrel Rd. USA USA



Printing and distribution support for BRIDGES is provided by the Greater Philadelphia YMCA sending a message of "Brotherly Love" to YMCA retirees around the world.



# BRIDGES IS FOR ALL WHO WISH TO RECEIVE IT

make such a contribution may use this remittance form. Check should be made payable to: YMCA Alumni
from countries all around the world have sent a USD subscription remittance to support WFYR. Any who wish to
All who would like to receive <b>BRIDGES</b> will be able to, without a "subscription" fee. However many retirees

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I want to RECEIVE each issue of BRIDGES, but I am not able to help financially at this time.		
White, 46 Squirrel Road, Doylestown, PA 18901, USA. "I wish to provide or \$18 per three years Extra contribution to WFYR \$		
would be willing to become a YMCA Ambassador.*		